

THE PRIMARY PLANET RESOURCE PACK

Have Your Say

Based on articles from this month's magazine we want you to think about some of the issues that arise. Remember, when you are trying to put forward an opinion or an argument, make sure you know your facts and figures and be clear in how you feel about a certain topic and why. Here are some questions and statements you and your class might like to consider thinking about and discussing. Some you will agree with, some you clearly won't!

Cars are safer than e-scooters.

Gerbils are better than hamsters.

Schools should teach more IT skills.

The worst gift I ever received.

Mental health is more important than physical health.

Pelé was the greatest footballer of all time.

Argentina deserved to win the World Cup.

LEGO is an educational toy.

It is easy to tell when a photograph has been altered digitally.

Is it ever ok to lie?

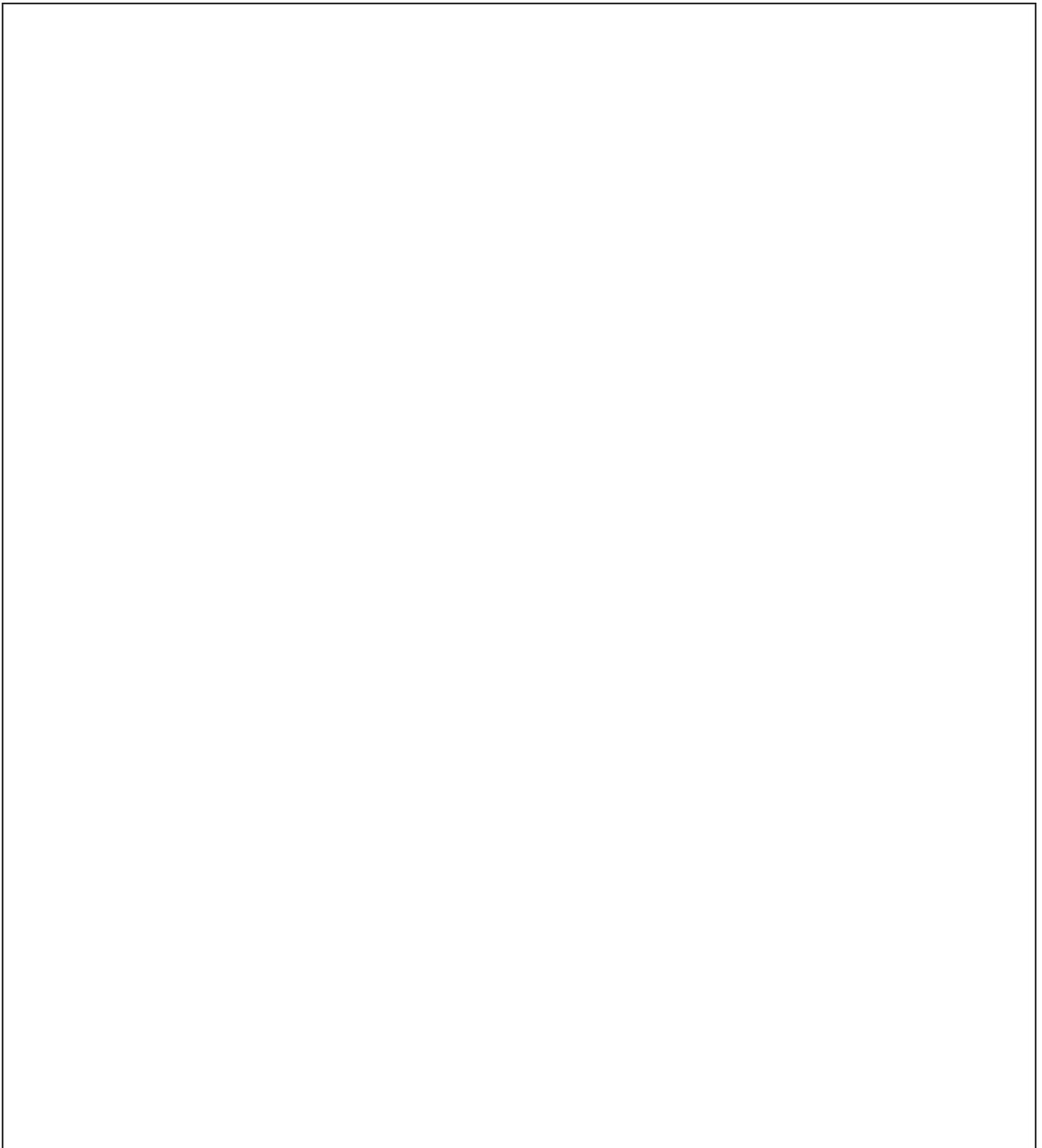
An Irish sport should take up the teddy bear toss – it's a worthy cause.

The Beatles are the best music group of all time.

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Pelé

On December 29, 2022, the sporting world, and beyond, were united in mourning after the news of one of the world's greatest sporting legend's death broke. Edson Arantes do Nascimento, known to the world as Pelé, passed away at the Albert Einstein hospital in Sao Paulo, Brazil, following a battle with cancer. For this activity, create a poster, poem or work of art in honour and in memory of this sporting legend.



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Mind Yourself

In the same way that you need to take care of your body, you also need to take care of your mind. There are lots of ways to keep your mind and feelings healthy. Read through the suggestions below and discuss in pairs and as a class. Are there any other ways you can think of?

- Spend some time with your family and friends. Playing, laughing, going on adventures or even just chilling out together watching a movie are all great ways to make you feel good inside. Who is your favourite person to spend time with? What is your favourite thing to do with your family?
- Do something that helps others. Helping other people, helping animals or helping nature are all great ways for us to feel good about ourselves. Call your grandparents and ask them how they are. Put up a bird feeder and enjoy watching the birds. Maybe pick up some litter or plant some flowers.
- Learn something new. Learning something new is a great way to feel good about yourself. You don't need to go to classes – you can teach yourself or just try something out for fun. Try painting, for example, or ask someone in your family to teach you something that they know how to do – such as knitting, playing a musical instrument or cooking. Try out lots of different things – you never know when you'll find a new hobby that you love. Is there something that you have always wanted to try?
- Exercise! When we exercise, our body releases hormones called endorphins. These hormones make us feel happy. Go to a park or playground and see how fast you can run or how many times can you climb to the top of a climbing frame or tree. How many skips with a skipping rope can you do? Moving your body helps to get all your energy out and give you a clear head.
- Join a club. Is there something that you really enjoy? Then go find other people who enjoy it too! There are lots of clubs you can join where you can spend time doing the things you love, with people who also enjoy doing those things.
- Relax. Life can get very busy, and it will only get busier as you get older. It's important that you find ways to relax. Listen to your favourite music, read a book, lie in the grass, or walk the dog. How do you like to relax?
- Don't eat too much sugar. Sure, this doesn't sound like too much fun, but it makes sense. Sugar is fuel. When you eat sugar, your body becomes full of energy. If you find it hard to relax, try eating less sugar. That way, your body won't be so full of energy that is stopping you from chilling out.
- Keep a diary or a journal. Write down how you feel or what is on your mind. You can draw pictures instead of writing if you prefer – just get what is inside your head and put it outside of your head.

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Did You Know?

Every issue of your *Primary Planet* is packed full of facts and figures. Why not record the top 4 things that you learned from this issue. When you do, make sure to create an illustration to go with each one. When you are finished, share and discuss your choices with your classmates. We have added our favourite one below. You'll see I didn't just copy it from *TPP*, I wrote it out in my own words. Always a great idea when doing a project.

Did you know?

Pelé is the only player in history to win three World Cups. He won the first one when he was just 17. He almost missed the 1970 tournament as he was sick and tired of being fouled all the time. Thankfully he decided to take part.

Did you know?

Did you know?

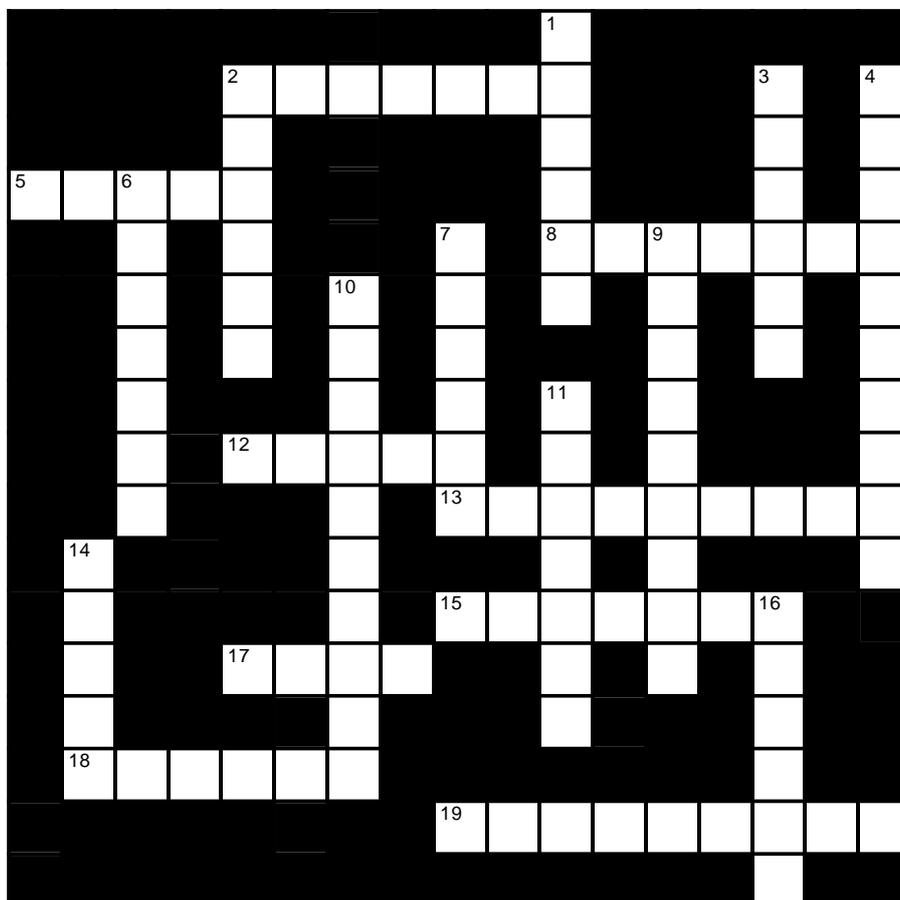
Did you know?

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Know Your Sport

How well have you read this month's sports news? Here, in Know Your Sport, we're testing your memory and retention skills. We've based this crossword on the pages from our sports section. Can you complete it?



Across

- 3 Lewis Hamilton drives this make of car. (8)
- 4 Ireland's next Women's World Cup opponents. (7)
- 5 Ireland's first opponents in next year's 6 Nations Championship. (5)
- 12 The hurlers of Tipperary and Cork clash in this stadium on May 22. (6)
- 13 This city hosted the 1952 Olympic Games. (8)
- 14 Munster's Champions Cup quarter-final opponents. (8)
- 15 Ailish Considine plays for the _____ Crows. (8)
- 16 Glanmire women's basketball team are from this city. (4)
- 17 Rafael Nadal is from this country. (5)
- 18 Jim _____ was the first boxer to win an Olympic medal for Ireland. (7)

Down

- 1 David Clifford is one of their star players. (5)
- 2 Max _____ drives for Red Bull. (10)
- 3 Lidl National League Division 1 champions. (5)
- 6 FA Women's Championship winners. (9)
- 7 The venue for the 2022 PGA Championship is in this US state. (8)
- 8 She holds the Irish record in the women's indoor 300 metres event. (7)
- 9 The _____ Cup is the GAAs new second tier competition. (9)
- 10 Ralf _____ is Manchester United's interim manager. (8)
- 11 The sport played by Tralee Warriors. (10)
- 12 The number of teams are in the Tailteann Cup competition. (7)

ANSWERS #118

Vocabulary Constabulary

1. masterpiece 2. dialogue 3. array 4. unthinkable 5. consternation 6. mettle 7. ancestors 8. assembled 9. brisk 10. reversed	1. global 2. vigilant 3. denomination 4. elegant 5. goal 6. module 7. slivers 8. unfold 9. misfortune 10. vulnerable	1. negotiated 2. exhumed 3. forebears 4. photoshopping 5. solution 6. vertical 7. ambipedal 8. conceded 9. agonising 10. successive
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Cloze Test

1. important 2. attached 3. ascended 4. camera 5. hurtled 6. launched 7. journey 8. brave 9. promote 10. reigning	1. sightseeing 2. estimated 3. dangerous 4. pandemic 5. spotted 6. iconic 7. migrate 8. underwater 9. baleen 10. live	1. business 2. dangerous 3. system 4. machinery 5. farming 6. production 7. lines 8. rejected 9. sued 10. compensation
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Editing

1. manic 2. achievement 3. fourth 4. losing 5. language 6. theme 7. experienced 8. nominated 9. performance 10. tunnel	1. wonderful 2. themselves 3. its 4. bear 5. mainland 6. proving 7. programme 8. encouraging 9. businesses 10. emergency	1. located 2. Authorities 3. residents 4. main 5. reached 6. activities 7. volcanic 8. pollution 9. breathing 10. travelled
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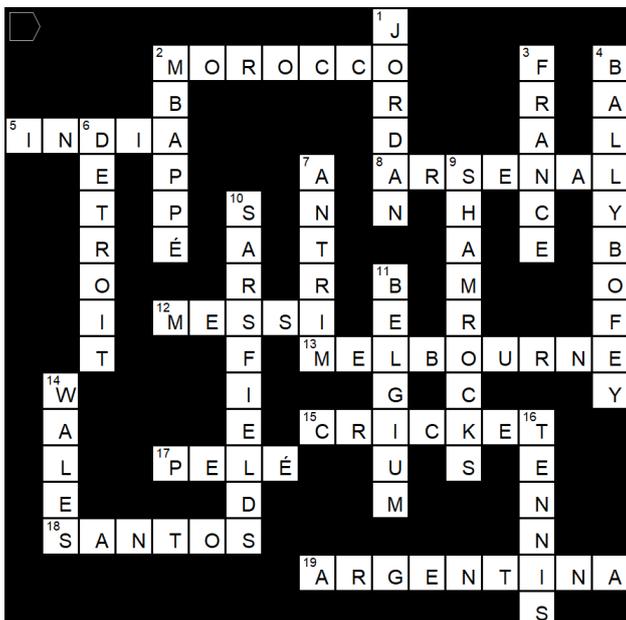
Deich gCeist

1. Big Island, Hawaii	2. Atlanta	3. 22	4. California	5. toirtís
6. Christiansen	7. an Airgintín	8. Pelé	9. Cameron	10. Lionel Messi

Quiz-32

1. 1958	2. Galway	3. 17	4. Cork
5. Ohio	6. piano	7. Tiangong	8. 1919
9. Ringo Starr	10. Geppetto	11. Canada	12. Sammy Davis
13. tractor	14. filter	15. Yorkshire	16. 1983
17. 1986	18. 2011	19. Persia	20. 4
21. mint	22. Greek	23. Eagle	24. Italy
25. horse	26. Broadcasting	27. 1958	28. 172
29. Ronaldo	30. Sarsfields	31. Cardiff	32. Argentina

Know Your Sport



Go Figure

1. No one. The engineers are Paul's three sisters.
2. A glove.
3. 20 women, 10 children, five men.
4. The person was born in 2005 B.C. We count backward to find their age.
5. Four

Count Down

$$10 \times (2 \times 6) = 120$$

$$120 - 3 = 117$$

$$117 \times 7 = 819$$

Sudoku (mag)

6	7	4	2	9	5	3	1	8
8	9	1	6	3	4	7	2	5
3	5	2	8	7	1	9	6	4
1	6	5	3	8	7	2	4	9
4	8	3	1	2	9	6	5	7
7	2	9	4	5	6	1	8	3
9	1	6	5	4	3	8	7	2
2	4	7	9	1	8	5	3	6
5	3	8	7	6	2	4	9	1

Futoshiki

1	4	3	2
3	2	4	1
4	1	< 2	< 3
2	3	1	4

Crack the Quote

A bad attitude is like a flat tyre — you can't go anywhere unless you change it.

Sudoku (Easy)

4	1	9	3	8	5	6	2	7
8	3	2	6	9	7	5	1	4
6	7	5	2	1	4	9	3	8
5	2	4	7	3	8	1	9	6
1	9	8	4	5	6	2	7	3
3	6	7	9	2	1	8	4	5
9	8	6	1	7	3	4	5	2
2	5	3	8	4	9	7	6	1
7	4	1	5	6	2	3	8	9

Sudoku (Hard)

1	2	7	6	8	4	9	3	5
9	4	8	1	5	3	6	2	7
6	3	5	9	2	7	4	1	8
7	5	2	3	4	9	1	8	6
3	6	4	5	1	8	7	9	2
8	9	1	7	6	2	5	4	3
4	1	3	8	7	6	2	5	9
2	8	6	4	9	5	3	7	1
5	7	9	2	3	1	8	6	4

Maths Story

1. 4.22 a.m.
2. 3°C
3. 33
4. 43
5. 346
6. 24
7. €429
8. 3 km

The TPP 2022 News Quiz

1. Bloody Sunday
2. Albert Einstein
3. Russia
4. Beijing
5. An Garda Síochána
6. Rotterdam
7. Ernest Shackleton
8. Chimera
9. Colombia
10. Persia
11. Andy Warhol
12. Curlew
13. Serena Williams
14. Persia
15. Cyborg
16. Eiffel Tower
17. Luke Kelly
18. Novak Djokovic
19. Patrick Kavanagh
20. Diego Maradona
21. Rory McIlroy
22. Vikki Wall

